



Dear Surgical Guest,

Welcome to Boulder Surgery Center. Important information follows regarding your upcoming surgical or interventional procedure.

PRIOR TO SURGERY INSTRUCTIONS

- **TIME OF PROCEDURE:** the day before your surgery, we will text your arrival time and OR time once the surgeon's schedule is confirmed. Our physicians' schedules change frequently due to the nature of orthopedic surgery. If you have not received a time by 4:00PM the day prior to surgery, please call (303) 938-5480.
- **MEDICAL HISTORY:** as soon as your surgery is scheduled, you will receive a text message and email with a link to complete your medical history. Our facility requires a separate history, which is different from any paperwork you may have completed for your Physician. Your medical history will be reviewed, and additional testing or final approval from an anesthesiologist may be required. Delays in completing this form could result in your procedure being rescheduled or canceled. Once our safety review is complete, we will provide additional instructions regarding your surgery.
- **CHARGES TO EXPECT:** you will have multiple bills for your procedure. There is (1) a facility charge, (2) a physician charge, and (3) an anesthesia charge if applicable and/or (4) surgical assistant charge if applicable.
- **FACILITY BILLING:** understanding your insurance coverage is your responsibility. If a payment is required on the date of service, you will be informed prior to your procedure.
- **RESPONSIBLE ADULT:** you will be going home the same day. You must have a responsible party/ride to take you home who is 18 or older. That person needs to be present for discharge instructions and will need to sign you out. We strongly recommend that your ride stay with you for at least 24 hours after surgery/anesthesia.
- **ACUTE ILLNESS:** call your surgeon's office as soon as possible if you develop a cold, sore throat, fever or any other illness that occurs within 48 hours of your surgery.

BOULDER SURGERY CENTER
4740 Pearl Parkway, #100, Boulder, CO 80301
Reception: 303-938-5470
Pre-Surgery Registration/Testing: 303-938-5480



DAY OF SURGERY INSTRUCTIONS

- **MINORS:** all patients under the age of 18 must have a parent or guardian on site for the duration of the visit.
- **VISITORS:** patients may have one visitor with them in preop and recovery at any given time when the nursing staff deems it safe and appropriate. Visitors may switch out with each other from the waiting area.
- **DIETARY RESTRICTIONS:** our facility recommends that all patients follow the most conservative guidelines on eating & drinking. Please do not eat or drink anything **within 8 hours of your ARRIVAL time.**
 - You may take your normal daily medications with a very small sip of water unless instructed otherwise.
 - If your surgeon provides you with alternative instructions on eating & drinking, please review them carefully to avoid any delay or cancellation of your procedure. If you have any questions, contact the clinical staff at the surgery center.
- **SURGICAL SITE HYGIENE:** it is important that you bathe or shower using soap on the eve before or morning of surgery. Do not shave hair near or around the surgical area. Do not apply lotions, cosmetics or other alcohol-based products after showering. If your surgeon recommends a CHG-based cleanser, please follow their instructions.
- **WHAT TO BRING:**
 - This Boulder Surgery Center packet
 - Your insurance card and photo ID and/or passport
 - A form of payment if applicable: cashier check, cash, or credit card (we do not accept American Express)
 - Loose comfortable clothing that is easy to get dressed in after surgery
 - A case for glasses and dentures
 - Any medical devices – crutches, slings, braces, walkers – that have been provided to you prior to surgery
- **WHAT TO LEAVE AT HOME:**
 - ALL jewelry, valuables, and weapons. BSC is not responsible for valuables. We allow cell phones.
 - Children under 12 must be accompanied by an adult at all times and are not permitted in patient care areas.
 - Do not apply makeup, deodorant, lotion or creams
 - Do not wear contact lenses on the day of your surgery. Bring glasses with you if needed to read facility forms.