



## BOULDER COMMUNITY MUSCULOSKELETAL SURGERY CENTER, LLC

4740 Pearl Parkway, #100, Boulder, CO 80301

Pre-Registration/Reception: 303-938-5470

Pre-Surgery Testing: 303-938-5480

[www.BoulderSurgeryCenter.com](http://www.BoulderSurgeryCenter.com)

Dear Surgical Guest,

Welcome to Boulder Surgery Center. Please read the following for important information regarding your surgical procedure.

- Registration personnel from Boulder Surgery Center will call to obtain your demographic and insurance information. You may call directly at (303)938-5470 if that is more convenient.
- As soon as your surgery is scheduled, you will receive a text message with a link to complete your medical history. Once you have completed the on-line medical history form, one of our nurses will contact you to follow-up and to provide information to you regarding your surgery.
- Based on your medications and history, diagnostic lab tests, X-rays and EKGs may need to be completed prior to your surgery. (These tests are not routinely performed on all surgical patients). After a review of your medical history by the nurse, you will be contacted with instructions regarding completing any identified tests.
- You will be going home the same day. **It is required that someone else drive you home.** If you are using public transportation to return home, you **must** have a responsible adult (18+ years old) to escort you home. It is **strongly suggested** that someone stay with you until the following day.
- Call your surgeon's office if you develop a cold, sore throat, fever or any other illness that occurs within 48 hours of your surgery.
- **DIETARY RESTRICTIONS:**  
Do not eat or drink anything after midnight the night before your surgery, unless the Pre-Op Nurse has provided special eating or drinking instructions. This includes no gum, hard candy, cough drops, coffee, tea or water. This is very important for your safety. If you do not follow these instructions, your procedure may be cancelled or delayed.

### **WHAT TO BRING:**

- The Boulder Surgery Center patient packet.
- Your insurance card, a photo ID, and payment (if applicable)
- A case for contacts, glasses and dentures.
- Crutches if having knee or foot surgery – to check for proper fit and receive instructions for use.
- Any icing devices, slings, braces that have been provided to you for surgery.
- Leave ALL jewelry and valuables at home. BSC is not responsible for valuables.
- Please do NOT wear makeup, deodorant, creams or lotions.
- Wear loose fitting comfortable clothes.



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**LABORATORY SITES:**

Boulder Community Health, 4747 Arapahoe Ave., Boulder - 303-415-7000

Boulder Medical Center, 2750 Broadway, Boulder - 303-440-3026

Community Medical Center, 1000 W. South Boulder Road, Lafayette - 303-604-5066

**Boulder Surgery Center Mission Statement**

*PLAN*

Physician providers will develop a plan of care for surgical or interventional treatment of acute corrective bone and joint disorders.

*PROCESSION*

Talented professionals will assess individual needs, implement the treatment of plan, educate patient and family, and evaluate the progression of care to achieve the safe discharge of the patient to home for continued recovery of their surgical intervention.

*PURPOSE*

Patients will be provided exceptional care through the cooperative efforts of team members. The commitment of the team is to achieve high patient satisfaction of those services provided by all involved in the individual patient's episode of care.

Boulder Surgery Center does not discriminate on the basis of race, color, national origin, age, or disability; in admission of, access to, treatment, or employment in, its programs and activities.

To obtain information about Advanced Medical Directives, please see our website at [www.bouldersurgerycenter.com](http://www.bouldersurgerycenter.com) and click on the "Advanced Directive" icon or call Colorado Healthcare at 1-800-658-8898.