

Instructions for After Surgery

Before you are discharged, your nurse will review your surgeon's home care instructions and any new prescriptions with you and your family. A copy of these instructions will be sent home with you.

If you received anesthesia or sedation, a responsible adult must accompany you home and stay with you for the first 24 hours.

Do not drive, operate heavy machinery or power tools, cook, drink alcoholic beverages or make legal decisions for at least 24 hours after your surgery.

It is natural to experience some discomfort in the area of the operation. You may also experience some drowsiness or dizziness depending on the type of anesthesia or sedation you receive or depending on the amount of pain medication you are taking at home.

The day after surgery, a member of the Surgery Center staff will call to see how you are feeling.

Contact your physician if you feel you are having problems after surgery.

If you cannot contact your doctor but feel your concerns warrant a doctor's attention, call or go to the emergency room closest to you.